



Pitchfork & Crow Summer CSA Member Handbook

Welcome to the 2025 Pitchfork & Crow Summer CSA!

We're set to begin the sixteenth season of the P&C Summer CSA! We're excited you've decided to join us for this summer and fall of eating local, seasonal, organic vegetables. Please know we're doing everything we can to ensure a successful CSA season.

Please read through the information below for important CSA-related details and keep it handy for future reference.

Many thanks from your farmers - Carri & Jeff

Table of Contents:

= Picking-up Your Share: When, Where, & How.....	2
When does the CSA begin and end?.....	2
Where and when do I pick up my share?.....	2
Picking-up your share – How it works.....	2
I split a share. How does that work?.....	3
= What's in the Share & How Should I Use & Store Things?.....	3
Do I get to pick out what I want each week for my share?.....	3
How will I know what's in my share each week?.....	3
What vegetables are you growing this season?.....	4
Are you growing anything new this season?.....	4
Is everything in my share certified organic? Is everything grown by P&C?.....	4
How do I know what to do with the veggies you give me?.....	5
How do I store the veggies?.....	5
= Pick-up Scheduling.....	5
What if I'm going to be out of town and need to skip a week?.....	5
What if I forget to pick-up my share? Can I get it later?.....	6
Can I send someone else to pick up my share?.....	6
= CSA Payments.....	6
I chose the 2-payment option. How do I pay for the 2nd half of my CSA share?.....	6
Do you take credit cards?.....	6
= CSA Member Communication.....	7
How will you communicate with me during the season?.....	7
Are there farm events?.....	7
Is the farm on social media?.....	7
How do I contact my farmers?.....	7

= Picking-up Your Share: When, Where, & How

When does the CSA begin and end?

The 2025 Summer CSA season begins the first or second week of June, depending on whether you've chosen a weekly or biweekly share.

Weekly Members: The first Salem pick-up day is Tuesday June 3rd and the first on-farm pick-up day is Wednesday June 4th. The weekly pick-up season will include 26 pick-ups and end on November 25th/26th.

Biweekly Members: We will split biweekly share members into two groups*. This will determine your CSA start date and help us even out our weekly harvests. *Please let us know if you don't know which group you've been assigned.*

Your start date depends on your assigned group.

- The Odd Week Group will begin the 1st week of the CSA season (*June 3rd for Salem members and June 4th for on-farm members*).
- The Even Week Group will begin the 2nd week of the CSA season (*June 10th for Salem members and June 11th for on-farm members*).

Both biweekly groups will continue picking-up biweekly into November for a total of 13 shares.

**The odd and even groups refer to the week in the CSA season. Biweekly Odd Week Group members will pick-up weeks 1, 3, 5, 7 etc. Biweekly Even Week Group members will pick-up weeks 2, 4, 6, 8 etc. The CSA week number is always included in the weekly member emails for reference.*

Everyone can reference the [Important CSA Dates page](#) on our website if you ever have any questions on dates. *We suggest you add the important dates to your personal calendar to be reminded ahead of time.*

Where and when do I pick up my share?

Salem: Tuesday 4-6pm in the front parking lot of the Mission Mill Museum at the Willamette Heritage Center, 1313 Mill St SE, Salem, OR.

Lebanon: Wednesday 3:30-6pm at the farm, 34077 Santiam Hwy, Lebanon, OR.

Picking-up your share – How it works

Please bring your own bags, box, or basket for taking home your veggies. We'll have bags available if you forget, but you won't want to forget.

Both pick-up locations are set-up in a 'market-style' and it will appear as though you're entering a farmers market booth. Instead of prices, each bin of vegetables (*continued...*)

has a quantity noted; this is the number of items you'll take from that bin. Shares are not pre-packed, but instead you get to choose your vegetables based on the quantity listed.

When you arrive at your pick-up location:

1. **Check-in with Jeff or Carri.** We'll mark your name off the sign-in sheet so we know your share has been picked-up.
2. **Begin selecting vegetables from each bin available according to the quantity listed on the signage posted.** *We'll put the heavier items first and the lighter items at the end to help with bagging. Please try to choose your items visually when possible to avoid touching multiple items before selecting your choice.*
3. **Decide if you'd like to swap any items.** You can take extra or leave items behind in the Swap Box at the end of the line for other members.

I split a share. How does that work?

Members who split a single share can decide together how they want to divide the pick-up duties. Some splitting members pick-up the whole share every other week, opposite weeks from their splitting partners. Other splitting members pick-up the whole share and divide it in half each week, either dropping off the second half themselves or leaving the second half in bins we provide for the splitting partners to pick-up later during the pick-up window.

Either way, you'll want to discuss this ahead of time and have a plan in place. It's also helpful to know how your splitting partner expects vegetables to be divided and if there are vegetables they like a lot or not so much.

= What's in the Share & How Should I Use & Store Things?

Do I get to pick out what I want each week for my share?

Yes, and no. Each share consists of the same basic contents but you will get to choose within each vegetable category. For instance one week everyone might get cabbage, but you get to choose the size that will best fit your needs from those available.

Note that there is also a Swap Box at the end of the vegetable line where you can swap out vegetables you're unlikely to use for more of something else.

How will I know what's in my share each week?

A sample share photo and list of that week's vegetables are posted at the beginning of each weekly CSA newsletter on our farm blog. A link to the weekly post will be included in the CSA member email sent out Tuesday afternoon. *You can find all the newsletters on our website here: <https://pitchforkandcrow.com/posts/>.*

**Note that although we'd love to get you a list sooner, we often don't know the exact share contents until this photo is taken on Tuesday afternoon just after the harvest is complete.*

What vegetables are you growing this season?

You can find a 2025 Projected P&C Summer CSA Harvest Calendar on our website (<https://pitchforkandcrow.com/wp-content/uploads/2025/01/csa-2025-harvest-cal.pdf>). This calendar lists the number of times we expect to harvest each crop per month throughout the season.

We also include basic information on all the vegetables we grow under the Secret CSA Member Resources section of our website. (<https://pitchforkandcrow.com/secret-csa-member-resources/produce/>)

Are you growing anything new this season?

After so many years of doing this, we've pretty well narrowed down the list of crops to what we know we'll have success with. If you've checked out the Projected Harvest Calendar mentioned above, you'll see some 60+ crops listed! Whoa! We do try out new varieties of vegetables each year though. Here are some of them:

- We've ditched the hottest of the **hot peppers** in favor of more poblanos and jalapenos this season. We've also swapped out Jeff's favorite no-heat orange habanero (because the seed is too hard to find) for a new-to-us red variety called Roulette F1. Our sweet peppers were on track to be similar to last year but a mouse who got into the flats of germinating seeds had a different idea. After some seed re-sowing it's going to be a bit of a mystery to see what we've ended up with out in the pepper field.
- After a couple of years not growing them, we're bringing back **watermelon**. Specifically we'll be growing Blacktail Mountain, a smaller sweet red-fleshed type with dark green skin.
- We've swapped out our longtime go-to hardneck **garlic** variety, Chesnok Red, for a hopefully earlier-to-mature hardneck variety called Russian Red in an effort to beat the onset of garlic rust and so all of our garlic will mature at the same time for ease of harvesting.
- We've changed up the **cherry tomatoes** mix this season. We brought back a couple of open-pollinated red varieties called Sweetie and Harvest Luck and added a longer/larger red variety called Juliet F1.

Is everything in my share certified organic? Is everything grown by P&C?

All of the vegetables and fruit you receive that we've grown are USDA certified organic by Oregon Tilth. We very rarely supplement the share with an item from another farm and we'll be sure to let you know if something is grown somewhere else and if it is not also certified organic.

How do I know what to do with the veggies you give me?

- We'll include tips within the list of vegetables available at the top of each week's newsletter post.
- We'll also include a few relevant recipes at the bottom of each week's newsletter post.
- If you're stumped regarding a specific vegetable we suggest looking it up in the Vegetable Encyclopedia in the CSA member section of our website (<https://pitchforkandcrow.com/secret-csa-member-resources/produce/>). You'll find storage information, recipes, and more there.
- Also, don't forget to browse the recipes on our website that are sorted by vegetable (<https://pitchforkandcrow.com/recipes/>).
- Check in with the [P&C CSA member Facebook page](#) to see what other members are doing and ask them for their favorite ways to prepare that week's vegetables.
- Finally, review the tips from us and CSA members on how to get the most from your share on the 'How to LOVE My CSA Share' page on our website (<https://pitchforkandcrow.com/secret-csa-member-resources/how-to-love-my-csa-share/>).

How do I store the veggies?

First, you'll want to get your produce home as cool and as fast as possible. Leaving your produce in your hot car will lead to faster spoiling.

Second, different types of vegetables require different storage locations. Winter Squash does best on the counter, onions and garlic do well in the dark pantry, and leafy greens and roots (including potatoes) should go into the crisper in your refrigerator. Also, you'll want to remove the greens from things like beets and carrots to avoid the roots going limp.

You can find storage tips for each of the vegetables we grow in the Secret CSA Member Resources section of our website (<https://pitchforkandcrow.com/secret-csa-member-resources/storage-tips/>). *We've updated this page recently to hopefully make it a little more user friendly.*

Bonus Suggestion: We've dedicated the bottom shelf of our fridge to a Rubbermaid bin for vegetable storage. Often we run out of space in the crisper drawers and we've found that the Rubbermaid keeps vegetables fresh without needing to be in plastic bags.

= Pick-up Scheduling

What if I'm going to be out of town and need to skip a week?

If you know you're going to miss a week we suggest you send a friend in your place. This is an excellent opportunity to introduce other people to the CSA! With some notice we've also occasionally kept a share for a member in our walk-in cooler until the next pick-up and most items were still fresh enough to take home. *(continued...)*

Please shoot us an email if you know you're going to miss a pick-up at farmers@pitchforkandcrow.com.

Biweekly Members: We request that you stick to your assigned dates. While we cannot accommodate one-off week switches, we're happy to arrange for an alternate pick-up time at the farm so you don't miss out if you're unable to send a friend in your place.

What if I forget to pick-up my share? Can I get it later?

If you contact us within 48 hours of the pick-up we will keep your share in our walk-in cooler and you can arrange a time to pick-up at the farm later in the week.

Salem members can come to the farm during the on-farm pick-up Wednesday evening from 3:30-6pm if you miss the Salem pick-up Tuesday. Please give us a heads up so we know to expect you and have enough vegetables available.

Please email farmers@pitchforkandcrow.com or text (503-999-7918) if you miss a pick-up.

Can I send someone else to pick up my share?

Yes! If there's any reason you're not going to make it to the pick-up, send a friend in your place to either store the produce for you or use it themselves. Just have them check-in with us when they arrive at the pick-up and we'll help them through the process.

= CSA Payments

I chose the 2-payment option. How do I pay for the 2nd half of my CSA share?

If you chose the 2-payment option at sign-up you can pay your second payment anytime before July 31st. The second payment will be \$428 (weekly share) or \$246 (biweekly share) if you paid for half of your share at sign-up.

You can bring a check or cash to a pick-up or mail us a check or have your bank mail us a check to our mailbox in town: Pitchfork & Crow, 20 E Airport Rd #289, Lebanon, OR 97355.

Finally, if you'd like to use a debit card, credit card, Google Pay, or Apple Pay you can pay via our website at: <https://pitchforkandcrow.com/shop/>. *Note that you can pay with cash or a check to avoid the card processing fees associated with the online payment option.*

Do you take credit cards?

Yes, we do take credit cards. You can pay using a card here: <https://pitchforkandcrow.com/shop/>.

Please note that this option is more expensive due to the card processing fee. You can avoid this fee by paying with a check or cash.

= CSA Member Communication

How will you communicate with me during the season?

We'll email you each week as a reminder with a link to that week's farm newsletter and other important member information. We'll also include details on farm events and other member-only information in these short emails. You can find farm newsletters here:

<https://pitchforkandcrow.com/posts/>.

Please make sure you're receiving our emails correctly so we don't end up in your SPAM or Promotions folder. *(For Gmail, drag one of our emails into your primary tab. For other email providers, add our email to your address list.)*

And we'll be at every pick-up so you can ask questions and check-in there too.

Are there farm events?

Yes, we'll be planning for our annual pumpkin patch visit on October 4th. We'll have pumpkins for everyone, tractor rides, and any other shenanigans we can come up with. We think it's helpful for members to see where and how their produce is being grown. We'll update you in September with further details.

Let us know if you'd ever like to tour the farm. Let's plan a time to show you around!

Is the farm on social media?

Facebook: <https://www.facebook.com/pitchforkandcrow/>.

P&C CSA Member Facebook Group: This group is for CSA members to share what they're up to with their P&C produce each week.

<https://www.facebook.com/groups/pitchforkandcrowcsamembers>

Instagram: <https://www.instagram.com/pitchforkandcrow/> (@pitchforkandcrow)

How do I contact my farmers?

Email is generally the best way to communicate as we're often out in the field with our hands full: farmers@pitchforkandcrow.com

Need to give us a call or a text at the pick-up? You can reach Carri at 503-999-7918.

Need to mail us a payment?

Our mailing address for our mailbox in town is 20 E Airport Rd #289, Lebanon, OR 97355.

Headed to the farm and need the physical address?

The farm is located at 34077 Santiam Hwy, Lebanon, OR 97355.